



Program Options and Pricing

Thank you for reaching out about training for your health staff. We would be glad to help.

We offer customized two-hour, half-day, and full-day training on diabetes topics of your choice led by a Certified Diabetes Educator (CDE), as well as foundational three-day, in-person programs led by a CDE team. The best option for your needs depends on your identified training needs and who will be attending.

Discovering Diabetes is our three-day program for health care providers and support staff who work with and support people living with diabetes. It focuses on practical ways to work effectively with clients, including communication, harm reduction, and responding to barriers such as food insecurity, costs, shame, judgement, and transportation to services. The program is well suited to mixed teams that include both clinical and non-clinical staff that support people living with diabetes and provides a strong overview of diabetes care. Organizations can also purchase the Discovering Diabetes patient-education curriculum to expand their team's access to training and resources in their workplace.

Diabetes Manager University (DMU) is an intensive training for health care professionals: nurses, dietitians, pharmacists, social workers and others working from a clinical perspective. Over three days we cover the science of diabetes and prevention, medications including the newer treatments, blood glucose monitoring and sensor technology, the emotional side of diabetes, nutrition therapy, and insulin therapy. It's built on the Diabetes Canada clinical practice guidelines, and every topic is linked to real world practice including the situations that don't follow the clinical practice guidelines or diabetes textbooks. Participants receive over 20 hours of training and leave with teaching tools, approaches and resources they can use the next day in the clinic.

What hosts say

Nadine Erickson, RN BN BSc, Nursing Officer with Cree Nation Tribal Health Centre in The Pas, Manitoba, hosted and attended our [Discovering Diabetes](#) workshop in 2026:

"What an outstanding workshop! The information is made easy to understand for all levels. As a nurse, I enjoyed learning about the newer medications available, and how they work in the body. I really appreciated getting to use the Dexcom, it helped me understand what was happening with my various food choices within my body... There is something to learn at all levels, beginner to experienced, and this was a fun workshop to be a part of."

Gerald Hoffman, RN BSN, Saskatchewan First Nations Regional Home Care Nurse Practice Advisor, has hosted the [Diabetes Manager University](#) training for First Nation Home Care teams for the past decade:

"The DMU program has been providing our program's diabetes education for the past decade. These instructors are providing the home care nurses with new practical information and skills about medications, diet, exercise and blood glucose monitoring. Their approach is one that helps give positive reinforcement to the clients they serve, while respecting the clients' choices they are making to improve their lifestyle."

Pricing

Single-Day Trainings: Customized diabetes training programs are available. Typically led by one Certified Diabetes Educator, pricing is determined based on the training length, program location, number of participants, and travel requirements.

Multi-Day Trainings: In-person delivery your location starts at \$13,000 for a three-day training program for up to 25 participants. Tax exemption will be applied when the host provides a valid GST exemption number. Groups are capped at 25 to keep participants engaged and the learning hands-on, although we can accommodate up to 30 participants if needed. The fee includes two Certified Diabetes Educators facilitating, travel and accommodation. Locations requiring air travel or remote accommodations may involve additional costs, which we confirm before finalizing the quote.

To request a quote, fill out the form included with this document. We will confirm your program details before booking. The final quote will also identify any venue, audiovisual, catering, printing, shipping, or local transportation arrangements that are the host's responsibility. **Our quote is valid for 60 days**, so there's time to take it through your workplace approvals. We can invoice your organization directly and we do accept purchase orders.

Next steps

We will review your submitted information, discuss any questions with you, and prepare a customized quote based on your requirements. Submitting the form requests a quote and does not confirm a booking.

Before the booking is finalized, the written agreement will confirm the training dates, daily schedule, program location, facilitator requirements, participant limit, host responsibilities, payment arrangements, taxes, and cancellation or rescheduling terms.

Booking is finalized once the 50% down payment is placed and a date is confirmed.

For anyone who can't attend in person, the DMU is also available as an online self-study course with about 25 hours of learning, for \$697 plus tax per person through our website.

Thank you again for thinking of us.

Michelle Archer, RD, CDE

Registered Dietitian and Certified Diabetes Educator · Diabetes Training 101 Inc.

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Awarded Diabetes Educator of the Year in 2025 by Diabetes Canada for excellence in diabetes practice and innovation

Diabetes Training 101 Inc. is a diabetes education company based in Regina, Saskatchewan. Michelle Archer, RD, CDE, founded the company in 2014 after recognizing a need to bring diabetes training closer to health teams, while also providing online, self-paced training options for those who prefer this format or for whom travel is cost prohibitive.

To follow up with our training program references:

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